



Excellence through Development

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LISA Phase #2 FAQ's

Cohorts:

What constitutes a Cohort?

- A "Soccer Cohort" will consist of a maximum of 50 unique participants or 4 teams
- Coaches and Referees are not included in the cohort assuming they are able to physically distance at all times during the session or games. It is recommended to limit the number of coaches on field while still adhering to the "rule of two".

How many people can be on a field at once?

- While the above Cohort rule allows for more than 50 people in a particular cohort, Provincial Health Orders still mandate a maximum of 50 people for public gatherings. Therefore all soccer related activity must adhere to the 50 person public gathering limit.
- ViaSport has described one full size soccer field as an acceptable space for 50 people

Can we participate in Academies and supplemental training?

- Any player involved in a LISA soccer cohort cannot take part in another phase #2 soccer cohort (e.g. Academies offering contact training). In the short-term families and players will have to make a choice where they play, with their LISA club, or with an academy if they are offering phase 2 soccer. The exception being academies solely operating Phase #1 "socially distanced soccer" and school soccer programs (which do not fall under the umbrella of BCSA).

Changing Cohorts

- Any player or team wishing to change cohorts must undergo a mandatory 14 day break before joining a new Cohort
 - Teams moving cohorts may continue to train by themselves during the 14 day break
- NO Permits will be allowed during Phase #2 of the Return to Play plan
 - Players will be permitted to play on other teams within their cohort
 - Players will not be permitted to train or play on any other team outside of their cohort (as these teams will be in phase 2)



What happens in the event of an outbreak?

- If an outbreak does occur it is at the discretion of the local health authority to mandate and guide LISA and its member clubs through the process
- Strict contact tracing protocols are in place for each club and facility

Laws of the Game:

What Changes to the Laws of the Game have been implemented?

Kick-Ins instead of Throw-Ins

- The modification determines that all Kick-Ins are to be managed as an indirect free kick. This means:
 - A Kick-In is awarded to the opponents of the player's team that last touched the ball when the whole of the ball passes over the touchline, on the ground or in the air.
 - The principles of Offside only apply to U11+.
Remember: Offside does apply if a player receives a ball directly from a Kick-In.
- The intent of the Kick-In, should be to restart the game as quickly as possible and to create a situation that is as 'game-like' as possible from that location of the field. Remember that the Kick-In should not be seen as an opportunity to take advantage or steer the game away from what it truly looks like. This modification is a temporary measure and not a lasting law change to make the game look different.
- For more information please see: [BC Soccer - Return to Play - Phase 2 - Kick Ins - Clarifications and Considerations.pptx.pdf](#)

Spitting

- If a player/participant does spit or clear their nose, the coach is required to substitute the player as quickly as possible. The player must sit on the sideline for a minimum of 15% of the total game duration. (For example, the match duration is 50 minutes per the BC Soccer Small Sided Soccer Development Manual, the substituted player would need to sit for 7.5 minutes).
- This is the responsibility of the Coach and not the Officials. Referees are only responsible for enforcing the Laws of the Game (I.e. spitting when directed at someone)



Heading

- The Lower Island Soccer Association Clubs mandated a heading restriction at U13 and below. This change was to be implemented for the 2020-2021 season
 - In the event that a player heads the ball an indirect free kick will be awarded from the spot of the infraction
- LISA is recommending for all ages that during Phase #2 heading be avoided if possible

General:

What about Spectators?

- Spectators, like coaches and referees, are not included in Cohorts assuming they are able to physically distance if they are in attendance
- LISA is highly recommending, where possible, no spectators be present at matches or training sessions
- It is at each individual discretion whether to allow spectators at fields
 - Clubs will be responsible for contact tracing and meeting all PHO guidelines (50 people gathering limits).
- LISA is highly recommending that if spectators are present they must physically distance from other spectators by 2m and be a minimum of 5m from the edge of the field

What Protocols are LISA and the Clubs following?

- All LISA member Clubs must follow [VIASports Return to Sport Guidelines for BC](#) and [BC Soccer Association's Return to Play Phase #2 Plan](#)
- All clubs must make their RTP plans and protocols public via their website and/or signage at the field

Are Face Covering Required?

- LISA strongly recommends that anyone not actively participating in the game or training session itself wear a face covering while at the pitch

For additional information please see [BCSA's Phase #2 FAQ](#) document